



### Le'Vive Frozen

- 4 oz. of Le'Vive
- Shaved Ice

Put shaved ice in a glass and add 2 Le'Vive shots.  
For hot weather, this is the best!

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### Bubbling Cran Aloe.

- 6 - 8 oz. Sparkling Water
- 4 oz. of Cran Aloe
- Ice

Mix everything in a nice clear glass to enjoy the red color of this refreshing drink!

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### De León NutriShake

- 1 Scoop of Nutrishake
- Ice
- 1/2 Packet of De León Cappuccino Café

Put everything in a blender and enjoy the best and most nutritious breakfast and / or mid-afternoon drink.

This will give you all the nutrients you need at the same time it can help you with your weight loss program.



## Quick Meal Replacement

- 2 scoops of NutriShake
- Fruit (of your choice)
- 8 oz. of Water or Milk

Blend the NutriShake with water or milk and add in frozen or fresh fruit of your choice for a delicious and filling drink.



## Multi-Plus Tea

- Enerlife
- Multi-Plus
- 1 Cup of hot water

Feel like you're getting the flu? In a cup of hot water pour a capful of Multi-Plus and Enerlife.

You will be feeling better and full of energy to go on with your day.